

Join an MC5 Regional Group near you!

Regional Groups are meeting all across Missouri!

- Chillicothe
- Columbia/Jefferson City
- Kansas City
- Macon
- Nevada
- Poplar Bluff
- Rolla
- Sedalia
- Sikeston/Cape Girardeau
- Springfield
- St. Charles
- St. Joseph
- St. Louis

Visit
www.momc5.com
for specific meeting updates and location.

Our Current Partners include:

- Long-Term Care Residents
- Long-Term Care Provider Organizations
- State and Federal Regulatory Organizations
- Hospice
- Hospitality and Food Service Industries
- In-home Care Agencies
- Ombudsman
- Private Businesses and Consultants
- Quality Improvement Organizations
- Senior Advocates
- Adult Daycare
- Home Health

To learn more and to find out how you can get involved with MC5, please visit us at
www.momc5.com



Changing the Culture of Aging Across Missouri



MC5's Mission

To promote and support ongoing collaboration within the adult care continuum to create environments where the dignity and value of each individual who lives or works there is respected and celebrated.

The mission will be accomplished through two key activities:

Communication:

Share and advance the philosophy and vision of person-directed care, its importance in the daily lives of individuals, and the efforts being made by individuals and organizations to achieve it; to provide a strong network of support for the adult care continuum.

Education:

Provide, promote, and support educational opportunities, resources, methods, and strategies to achieve the vision.



**Pioneer Network's
State Coalition**

What is Culture Change?

“Culture Change” is a national movement that is challenging attitudes, perceptions, beliefs, biases, and stereotypes regarding adult care services and bringing about deep systemic change in philosophy and practice at every level. It is going beyond the old goal of making institutions “homelike” and striving to provide environments that are truly “home” to the individuals who live there. Based on relationships and truly being known, each person’s capabilities and individuality is affirmed and developed. Quality of life is not sacrificed in exchange for quality of care, rather quality of care is provided in support of quality of life. Recognizing that meaningful existence, comfort, choice, dignity, control, respect, and privacy are fundamental right of each person, personnel are organized around the needs and desires of the individuals served and staff are inspired to support self-determination.

Culture change is not a cookie cutter approach. The “culture” of a home, regardless of its setting, is determined by the individuals who live and work there. The intent is to make the continuum of adult care services responsive to individual persons’ needs in environments where they can thrive rather than simply exist. In transformed environments, individuals have the ability to make choices and have an improved quality of life. Caregivers are empowered to listen to elders and to provide care that honors and respects each individual’s choices.

Why Join MC5?

- Network and build relationships with others who are on their culture change journey
- Receive education and training at regional meetings in your area
- Access the MC5 website for culture change information, activities and practices taking place in Missouri and beyond
- Receive the MC5 newsletter and emails via our listserve with the latest culture change news and information about upcoming trainings and activities
- Share your experiences and help others on their culture change journeys
- Get involved and strengthen the voice of culture change and person-centered care in Missouri

**GET INVOLVED.
BE INSPIRED.
JOIN MC5.**